



A-List
BEAUTY

5 STAR EXPERIENCE

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CLIENT SUCCESS GUIDE

YOUR BETWEEN VISIT SUCCESS PLAN

Whether you see me for waxing, brows or both...I've got the perfect plan to ensure you look and feel amazing between visits.

I suggest the A-List Beauty signature Method to all of my waxing clients.

I will walk you through exactly what steps you'll need to take at home to keep your skin &/ or brows at their best between appointments.

Suggested Maintenance Schedule

HD Express	4- 6 weeks
HD Brows	4 - 6 weeks
Brow Lamination	8 - 12 weeks
Bikini Waxing	4 - 6 weeks
Underarm Waxing	2 - 4 weeks



HOMECARE ROUTINE

Bodycare Routine

Soothe & Cool
Daily with Outback Organics Bush Balm following your next shower/ bath after your bikini wax.

Exfoliate
2-3x each week with A-List Beauty Exfoliating Washcloth &/ or Ruff Stuff Body Scrub 48 hours after your wax.

Nourish & Hydrate
2-3x each week with Ruff Stuff Nourishing Body Oil.

Brow Routine

Brush & Condition
Nightly with A-List Beauty Castor Oil until 2 weeks before your Brow Lamination appointment or the day before a HD Express or HD Brow appointment.



WAXING AFTERCARE

THANK YOU FOR CHOOSING A LIST BEAUTY FOR YOUR WAXING SERVICE.
WE WANT YOU TO GET THE BEST RESULTS FROM YOUR WAXING, SO
PLEASE READ THE FOLLOWING INFORMATION CAREFULLY.

What to avoid for 24-48 hrs after your waxing:-

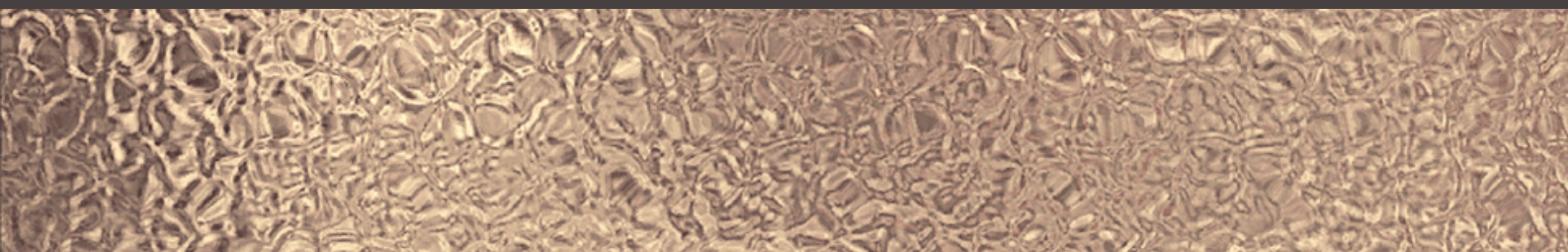
- Extreme heat
- Very hot baths/ showers
- Steam rooms, saunas and Jacuzzi's
- Public swimming baths
- Sunbeds
- Sunbathing
- Going to the gym
- Perfume or deodorant
- Fake tan
- Make-up on the waxed area
- Tight clothing

What you should do after 48hrs:-

A couple of days after your waxing, start to gently exfoliate the area a couple of times a week to help avoid ingrown hairs. Keep the skin moisturised.

What to look out for:-

Your skin may be pink or raised for several hours following your waxing, but this is normal. If any spots or rashes persist for more than a week, or become infected, you should see your GP.



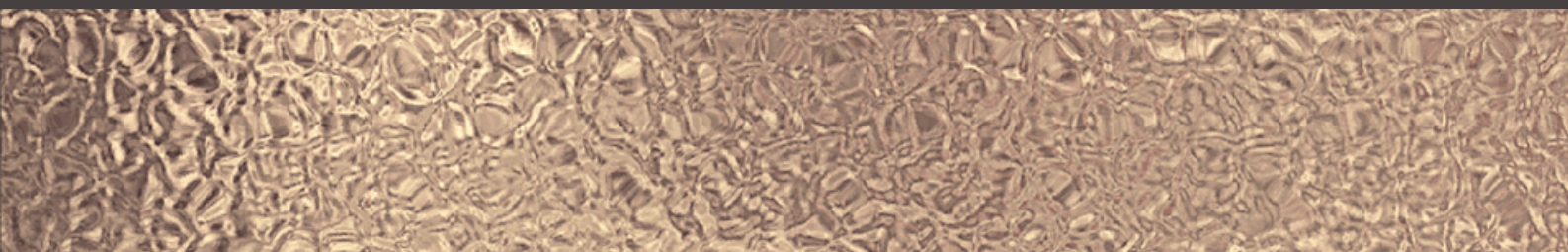
HD BROWS AFTERCARE

TO KEEP YOUR BROWS LOOKING SALON PERFECT EVERYDAY, PROPER CARE AND MAINTENCE IS REQUIRED.

- Follow your stylists recommendations and avoid tweezing in between appointments.
- Avoid the use of make up and facial cleansers around the brow area for the next 24 hours.
- Avoid prolonged contact with direct sunlight , the use of sunbeds, saunas, steamrooms and swimming pools for 24 hours after the procedure.
- Avoid exfoliating and anti ageing products around the brow area for at least 3 days either side of the treatment.
- Avoid using any fake tanning products on your face, apply a barrier to the hair and small area around the brow prior to tanning to prevent discolouration of your tint.
- Remember your results will be darker and more defined initially after your treatment. The make up applied is not permanent and tint will fade depending on the frequency of cleansing.

You must inform your HD Brows Stylist immediately should you experience any swelling, itchy rashes, , bruising, skin grazing or cuts after your treatment , so they can advise you on the correct procedure to follow.

Questions or concerns? Be honest with your stylist- feedback is always valued.



BROW LAMINATION AFTERCARE

Brow Lamination is a process of breaking down your hair bonds to manipulate into a feathery fluffed up shape, creating a fuller more natural looking brow. Brow hair has 3 stages, GROWING IN, GROWN IN and GROWING OUT. With Brow Lamination people are brushing their brows more than ever before and so are now noticing the normal hair loss cycle. Just like the hair on our heads, we buy oils and treatments to maintain it's healthy looking shine and prevent split ends and breakage. Your brows should be no different. This will help prevent any long or short term damage to your brows and keep them full, healthy and most importantly, beautiful.

Don't

What to avoid for 24-48 hours after your Brow Lamination:-

- Get your brows wet
- Take a hot bath or shower, keep the temperature of the water cool to lukewarm
- Use saunas, hot tubs, steam rooms, infra red lamps or sun beds
- Apply a fake tan or have a spray tan
- Touch the brows with unclean hands

Do

What you should do after 48 hours:-

- Set when wet and style into shape
- Oil nightly to nourish your brows
- Condition them in the shower with standard hair conditioner
- Use oil based make up remover to remove make up GENTLY

